

# *CURRICULUM VITEA*



**Bilal A. AHMED**

**Academic qualification: Ph.D. in biomechanics**

---

**General specialty: Physical education and sports science**

**Specialist in Biomechanics : Kinesiology**

**1- Kinetic analysis 2- Analysis Body force 3-motor skills activities**

**Sincerely,**

**Current work: Assistant Prof at Ibn Sina university of Medical and Pharmaceutical Sciences, College of Medicine, Basic Sciences...**

## **Researches**

- 1- Neuromuscular compatibility exercises with electrical stimulation and their effect on some biomechanical variables and the achievement of hammer throwing**
- 2- Calculated calories for training and their effect on developing some physical and biomechanical abilities and achieving 400-meter run for youth**
- 3- The Relation of the Motive Sport Achievement and Self-confidence with the Level of Achievement of Throwing Events in Athletics**
- 4- Special Training According to Power Law and Its Effect on Some Kinetical Indicators and Achievement in 100m Sprint Under 20 Years Old**
- 5- The Momentary Strength Exercises and The Strength Distinguished by Speed with Electrical Stimulation (Ems) And Its Effect on Some Biomechanical Variables and Achievement of Hammer Throw**
- 6- Ballistic training and its effect on the values of some kinematic variables and the electrical activity values of working muscles and the achievement of discus throwing for juniors**
- 7- Effect of Muscle Balance Exercises in (EMG) and some Biomechanical Variables Hammer throw**
- 8- Impact strength exercises for the muscles involved in some variables Biomechanical And completion of payment of gravity**
- 9- device (F & T1) for measuring the force and pull of the trigger**

Date of birth: 10/11/1972

Nationality: Arabic

Religion: Muslim



Iraq Baghdad



07901823786



(dr.bilal@ibnsina.edu.iq)