Bacterial Contamination of Computer Keyboards in Pharmacy College / Baghdad University and Al-Rasafa Internet Centers

Janan M. Al-Akeedi⁽¹⁾, Alaa Hussain Hassan⁽²⁾ and Mustafa A. J. Alhiti⁽³⁾

⁽¹⁾PhD in Immunology and Microbiology in Al-Farabi College / Baghdad / Iraq.
 ⁽²⁾PhD in Virology and Microbiology in Medical Laboratory Techniques in Al-Farabi College / Baghdad / Iraq.
 ⁽³⁾ BSc. Agri. Molecular Genetic In Pathological Analysis Laboratory, In Biotechnology & Environmental Center, In University of Fallujah /Bagdad / Iraq.
 *corresponding author: Jananmajeed934@gmail.com

Summary:

The study detects microbial contamination of computer keyboards in Pharmacy College /Baghdad University and several internet centers in Baghdad/Resafa side. Samples were collected from 20 computers in Pharmacy College and 80 computers from (5) internet centers. The swabs revealed the growth of Staph. Aureus isolates (70). Ecoli (85), Candida albicans (70), Streptococcus viridian's (67), Bacillus cereus (55), Proteus spp. (52) and Pseudomonas aeruginosa (18). The isolates demonstrate that the computer keyboard considers as a reservoir for pathogenic microorganisms and can transmit diseases from one person to another, this study referred to the importance of cleaning hands or using disinfectants before using the computers.

Introduction:

All around the world, machines are used in medical facilities in a variety of ways, from ordering labs to documentation, to testing even to general accounting and also ordering of supplies (1). The results of the latest university study show that 92.1 percent of students have internet connectivity, and 73.3 percent utilize the internet often(2)

Contamination of bacteria for hospitals and internet center also shown that staff at electronic work desks spend so much time typing, increasing the risk of some death and illness. The growth in the number of machines and keyboards means the number of pathogens in our environment is on the rise (3). To several inquiries, it has been reported that keyboards could potentially spread germs due to people's interaction with them (4)

Many researches isolated different types of micro-organisms such as *Staphylococci* spp., *diphtheroid,micrococcus* spp, *Bacillus* spp. *ORSA (oxacillin-resistant Staphylococcus aureu), Pseudomonas* and non-fermentative gram-negative rods (5)

Microbes found in the air as spores of *Bacillus* spp and *Clostridium,Ascospores of yeasts*, fragments of mycelium and spores of molds and *protozoan cysts*, *Streptomycetacae pollen*, *algae*, *Corynebacterium*, *micrococcus*, etc. (6)

Our palms, fingernails, and skin are prone to the spread of bacteria (7). People going in and out of institutions such as hospitals and universities introduce fresh germs, which can enter the keyboard through the breeze or through physical touch (8)

Materials and Methods:

The study was conducted at the University of Baghdad/ Pharmacy College & (5) Internet centers in Resafa side of Baghdad where there are totally examined 100 computers.

Specimens were collected from 20 computers that were located in Pharmacy College and 80 computers are in the five internet centers. The microbial contamination detected by sterile swabs moistened with trypticase soy broth (TSB) was wiped over the keyboard surface and the mouse. The swabs were placed in 2ml of TSB and immediately transported to the Pharmacy College lab and specific lab. After the swabs were taken plated onto trypticase soy agar with 5% sheep blood, MacConkey agar, Sabouraud's agar, and mannitol salt agar and they were held at 37 °C for the duration of 48 hours. the colonies were classified on the basis of Gram staining, morphology, tube cupidity, and pigmentation due to Staphylococcus hemolytic colonies, plus tube coagulization on blood agar result (8)

Results:

From a total of 100 swabs from the keyboards of 20 swabs from Pharmacy College and 80 swabs from different internet centers, these swabs revealed growth of facultative aerobic, and opportunistic pathogens as demonstrated in the table (1). The highest contamination rates were found in the samples of internet centers in Baghdad. In water, these microbes can live for over 24 hours. Furthermore, they are more likely to spread the infection in the environment.

Discussion:

Different sources of machine keyboard contamination can result in different levels of keyboard contamination. In this case, frequent typing on the keyboard and using the computer leads to an increase in bacterial growth on hands. (9). Of the individual, also sweating causes moisturized environment which helps in surviving bacterial contamination (10). In general liquid drinks like coffee, Beer, soda are usually acidic (4.0-5.0), 11 drinks are spilled on the computer keyboard will provide a huge amount of moisture to the keyboard. Although much of the nutritious value of a beverage comes from the key ingredients, water and protein and carbohydrates, the final products have only small amounts of each (if milk is added). Lactose is utilized by bacteria the fastest of all the non-essential nutrients. Some bacteria will attack proteins and decompose them for their own use (11).

Improper form hand hygiene can help control the spread of machine germs. Clorox disinfectants such as Pseudomonas aeruginosa can be used, as well as alcohol and Quaternium compounds for Pseudomonas species. Disinfection must be daily to prevent bacterial contamination besides washing hands before computer using (12).

This study suggests daily cleaning of the computer keyboard with suitable disinfectants In this study Staphylococci aureus (90 isolates) were isolated in great numbers from the keyboard, then E-coli (85 isolates), Candida albicans (70 isolates), Streptococcus viridian's (67 isolates), Bacillus cereus (55 isolates), Proteus (52 isolates) and Pseudomonas aeruginosa (18 isolates), these isolates showed that contamination of computer keyboards due to the bad behavior of the users and this will lead to contamination of the computer keyboard with pathogenic bacteria some times. Microbial contamination can occur on the computer keyboards of large universities which about (145) different types of isolates. While in internet centers where 392 different types of isolates. (13)

In this study, the higher incidence of isolates was for Staphylococcus aureus which can cause pyogenic wounds infection, pneumonia and may cause bacterial toxication if entered the mouth by releasing its toxin (14). Other infections caused by this pathogen include endocarditis ,septicemia ,osteomylitis, meningitis, various types of skin infection, gastroenteritis, and toxic shock syndrome (15).

E-coli is gram-negative bacilli belong to the Enterobacteriaceae family which is indicative of fecal contamination which can contaminate the hands and then to the digestive tract to cause gastrointestinal tract problems (16).

Bacillus cereus isolations are common soil bacterium, these isolates are evidence of environmental contamination. Similarly, the identification of Candida albicans on all keyboards is indicative of the ubiquitous nature of these fungi in the airborn environment and besides. Candida albicans consider as normal flora of the skin and reproductive system of female (17)

Streptococcus viridians are gram-positive inhabit the mouth and consider as oral normal flora of the mouth. Respiratory bacteria are found in the air-in droplets, saliva, and mucus droplets which get into the lungs when people cough, laugh, or sneeze. their success depends on both on where the keyboard is located as well as on available nutrients being given to the bacteria (18).

Temperature, pressure, pH, moisture, etc are physical conditions that influence the bacterial contain components. Though handwarmers can help speed up the development of microorganisms, usage of hot ones aids in cooking results in a small rise in temperature.

You will change the pH of the keyboard by passing your fingertips over it. of sweating, the pH of sweat could vary from acidic (below 5) to slightly alkaline (7)

Location	No.of	Pseudo	E.coli	Staph	Strept	Proteus	B. cereus	C. Albicans
Of	samples	aerug		aureus	viridians			
keyboard								
Dean	4	1	-	-	-	-	3	-
office								
Pharmacy	4	2	5	4	10	2	7	10
College								
Internet								
Different	12	3	20	6	17	10	17	10
Places in								
Pharmacy								
college								
Intetnet	80	12	60	80	40	40	30	50
center								

Table (1): Demonstrate the number of swabs from different places and the number of isolates from these places

Conclusions:

Computer contamination caused by the user's hands, so washing hands with disinfectant will prevent the transmission of many pathogenic bacteria.

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